



Coach	Stephen Temple
Position	Head Coach
School	Duke University
Year	Junior
Years swimming at FXH	13
Years coaching at FXH	6
Biography	<p>Stephen is so excited to return to Foxcroft for his 15th summer! He is a Foxcroft Fin “lifer” and has been coaching or swimming ever since he was five and has loved being a part of the team as both a swimmer and a coach as well as watching so many wonderful swimmers grow and mature over the years. In addition to swimming for Foxcroft, Stephen swam for CCDS and was on the Duke Club swim team his freshman year of college. He is especially excited for this season because of the potential that the team has to be successful, but more importantly, to have a ton of fun! Stephen’s favorite part of coaching is getting to interact with swimmers of all ages and helping them to build friendships, increase athleticism, demonstrate leadership, and develop team pride! Stephen is looking forward to seeing all of you in the pool!</p>

Coach	Evan Worsham
School	Pratt Institute
Year	Junior
Years swimming at FXH	12
Years coaching at FXH	5
Biography	<p>Evan has always had fun coaching at Foxcroft because of the community of people that swim here as well as the coaching staff. Everyone that he works with is just as fun as they are dedicated which creates an excellent environment for the kids. Evan has two younger sisters and he have coached at Foxcroft for five years so there is little that he runs into on the job that he can’t handle. Evan always try to look to parents to understand their child’s mentality and dedication to the sport so that he can best know how to help the kids grow as swimmers, but also have a great time throughout the year. Evan has a lot of new ideas for the season, and can’t wait for summer to start.</p>



Coach	Lille Seifart
School	Davidson College
Year	Freshman
Years swimming at FXH	13
Years coaching at FXH	2
Biography	Lillie has spent many summers involved in Foxcroft swimming. She has been a Foxcroft fins team member since age 5 and continues contribute to the pool as both a lifeguard and a part of the coaching staff. She has swum year-round for several years and plans to continue her swimming career at Davidson College in the fall. Lillie has enjoyed every step of her summers at Foxcroft and looks forward to the 2009 season as being one of the best! She especially enjoys watching the kids improve throughout the summer as they develop new skills and encourage their teammates.

Coach	Katie Premo
School	Furman University
Year	Sophomore
Years swimming at FXH	4
Years coaching at FXH	5
Biography	Katie has been working at Foxcroft for the past 5 summers and cannot even begin to imagine a summer without her Fins. She loves absolutely everything about this team; the kids, the parents, the races, and most of all, the sense of unity. She has worked her way up to working directly with the head coach and has really enjoyed learning the inner workings of a swim team and has put a lot of effort into making this team the best it can be. Foxcroft has given her the opportunity to practice leadership skills, which has been an essential factor in not only her life, but also for this team. She cannot wait to get back into the pool, even if it is a little chilly at first, and watch her fins get better at swimming as well as develop strong ties to the team as a whole.



Coach	Maggie McBride
School	Furman University
Year	Sophomore
Years swimming at FXH	7
Years coaching at FXH	4
Biography	<p>Maggie McBride has been coaching for the Foxcroft Fins for five years and is coming back for a sixth year. She is coming back because she loves swimming herself, being a graduate of Charlotte Catholic and a member of the four time state champion swim team. Maggie, also enjoys teaching and spending time with children outdoors. She is most excited about this upcoming season because she is ready to show some Fin Spirit and see her swimmers improve their time and most importantly, enhance their stroke form. Maggie loves meeting the new swimmers and renewing bonds with the returning ones, so be ready for a fun-filled season with her.</p>

Coach	Caroline Lowe
School	Charlotte Latin
Year	Senior
Years swimming at FXH	4
Years coaching at FXH	2
Biography	<p>Caroline has been swimming since she was five. She has swum for the Charlotte Latin Varsity team for the past three years. Her favorite events are the 100 and 200 freestyle. Caroline had a great time coaching last summer and can't wait to coach again this year.</p>



Coach	Ali Reading
School	Myers Park
Year	Junior
Years swimming at FXH	10
Years coaching at FXH	1
Biography	Ali has been swimming at Foxcroft every summer since she was 5 years old, and is incredibly excited to finally be helping out as one of the coaches!!! For Ali, the past 10 summers have been filled with fun swim meets and spending time with swim team friends, and she can't wait to be on the coaching side now! Ali loves getting to know all the Foxcroft team members, and can't wait for the great season!!! GO FINS!

Coach	Sam Frost
Position	Technology Specialist
School	Charlotte Country Day
Year	2012
Years swimming at FXH	7